

## HONDURAS TRIP INFORMATIONAL PACKET

- \* you can find some of this information on the site [missionlazarus.org](http://missionlazarus.org). Click on GET INVOLVED, click on GROUP TRAVEL\*
- \* You can also contact [xanthoulagroom@hotmail.com](mailto:xanthoulagroom@hotmail.com) with any questions. All this information will also be posted on the Crosswalk website.

## DATES FOR TRIP: July 27th–August 5th, 2012

( although these dates are not set in stone, they are pretty close, plus minus one day)

## APPROXIMATE COST OF AIRFARE: \$1,550 per person

( that is a pretty good estimate unless there is an increase on the price of fuel or air fare)

## COST OF PASSPORT \* as of Sep 2010:

Adult new applicants: \$135

Adults who are renewing existing passports: \$110

Minors who are new applicants: \$105

Minors who are renewing existing passport: \$105

\* For up to date information visit [travel.state.gov](http://travel.state.gov)

COST OF PASSPORT PHOTOS: \$10-20

These can be purchased at most Wal-Mart photo centers, Wal-Greens or at the passport centers listed .

COST OF IMMUNIZATIONS: \$ 200 or less

The cost can vary depending on your insurance coverage, co pays etc. , so you need to check with your doctor's office. These shots are also available through the UAMS Travel Center, and cost \$200 if you get them there. Call the UAMS main number 501-686-7000, and ask to be connected to the clinic. You must be up to date on routine vaccines, but you also need some additional ones:

Hepatitis A ( check your shot record, younger adults tend to have had these vaccines)

Hepatitis B (only if you will come in direct contact with patients)

Typhoid

Rabies ( not essential but optional)

You will also need to be on anti Malaria medications 2 weeks prior to the trip, while in Honduras, and for 4 weeks after you return. THIS WILL BE PROVIDED BY THE GRACE CROSSING CHURCH FOR EVERYONE IN OUR GROUP!

## REQUIREMENTS:

All travel team members must :

1. Be at least 15 years old, unless accompanied by a parent, but no younger than 12 years old.
2. Have a valid US passport.
3. Have the proper immunizations.
4. Provide health insurance information. ( forms attached)
5. Have completed the medical release and liability forms. ( forms attached)
6. Provide a photocopy of passport.

## PASSPORT INFORMATION:

You can apply for a passport and passport renewal at the following locations:

### 1. LITTLE ROCK MAIN OFFICE

600 E CAPITAL AVE

(501) 375-5073

### 2. NORTH LITTLE ROCK MAIN OFFICE

300 W PERSHING BLVD

1-800-257-8777

### 3. JACKSONVILLE MAIN OFFICE

1205 W MAIN ST

1-800-275-8777

Any adult who is a first time applicant, ( has not had a passport before ), MUST appear in person for the application. Adults who are renewing existing passports may do so by mail.

All minors ( under 16 ), applying for a new passport or renewal of an existing one, MUST appear in person and MUST be accompanied by both parents. If a minor resides with a parent who has sole guardianship, and the other biological parents cannot attend, proof of sole custody must be provided in the form of a court order that proves sole custody.

Certain documents must be presented at the time of application to prove citizenship , such as birth certificates, drivers license etc. For a comprehensive list of requirements visit [travel.state.gov](http://travel.state.gov), and you can also call the local passport service centers listed above. Plan carefully because you can waste a trip if you do not have the proper identification.

\*\*\* If you already have a passport, but it will expire in less than 6 months from the date of the Honduras trip, you MUST have it renewed before the trip. Several countries have restrictions for travel if a passport expires within 6 months.

**IMPORTANT:** Apply for your renewal or new passport **NOW!** Passport applications can take 1 to 3 months sometimes, depending on volume, changes in requirements etc. . If there are several of you traveling in your family, turning in multiple applications at once can be

a big financial burden, but you can try to send one person's application per month, giving you plenty of time to be ready for the trip. Your passport does not simply enable you to travel abroad. It is also your proof of identification and citizenship. In Honduras, all foreign citizens are required to have their passport with them AT ALL TIMES! There are police checkpoints everywhere, and if you don't have your passport you can be arrested.

We suggest you purchase a passport carrier (\$5) that can be worn around the neck or waist.

SPENDING MONEY: \$50-200

All your meals and transportation needs will be taken care of.

However, if you wish to buy items at the gift shop on the ranch you will need to bring more money or your VISA card.

If you want to order handmade, custom made cowboy boots, they start at \$90.

You can also purchase sodas and ice cream at the ranch for \$1.

Horseback rides are \$15 for the 2 hour ones.

At the end of the week, we gather money to tip the ladies who prepare our daily meals. Customarily we tip \$25-\$30 per family for the week.

Anything you purchase on the ranch directly supports Mission Lazarus and their programs.